

Welcome to 8th Grade Parent Night

Class of 2024!



"Where Inspiring Excellence is our Standard and Student Achievement is the Result"



Highland Administration

Home of the Tartans



Ms. Lisa Owen	Principal
Mr. Ron Strauss	VP - Class of 2024
Ms. Dan Beaver	VP - Class of 2023
Mr. Christine Hubbert	VP - Class of 2022
Mr. Michael Jones	VP - Class of 2021
Ms. Carey Speziali	Director of School Counseling
Mrs. Tanya Harper	Supervisor of Special Education

"Engaging Students, Fostering Achievement, Inspiring Excellence"

Proactive Approach:

Let's work together!

School counselors assist with
*students' academic,
career and
social/emotional development.*

The School Counselors are available to
collaborate with and consult with students,
parents, teachers, CST members, staff,
administrators, and community members.

Choosing Post-Secondary Plans





Highland Counseling Office

856-227-4100 x4036 or (fax) 856-227-8422



Ms. Carey Speziali Ms. Sarah Miller Mrs. Maryann Miller	Counseling Director Counseling Secretary Counseling Secretary	cspeziali@bhprsd.org smiller@bhprsd.org mmiller@bhprsd.org	Extension X 4036 X 4037
Alicia Kohn	(A – Cas)	aguida@bhprsd.org	X 4042
DJ Gore	(Cat – Gan) & BD	dgore@bhprsd.org	X 4041
Tiffany Strauss	(Gao – Loz) & MD	tstrauss@bhprsd.org	X 4040
Chris Bennett	(Lu – Pay)	cbennett@bhprsd.org	X 4038
Ashley Yandach	(Pe – Th)	abalzer@bhprsd.org	X 4039
Lauren McElroy	(Ti – Z) & Career Exploration Counselor	lmcelroy@bhprsd.org	X 4043
Abigail Altman	Mental Health Assistance Counselor	aaltman@bhprsd.org	X4030
Jan Vizoco	Student Assistance Coordinator	jvizoco@bhprsd.org	X 4011

Student Assistance Coordinator (SAC)

- The focus of Student Assistance Program is a school and community education, prevention, intervention, support, and referral services for students at risk for substance abuse, addictive behaviors, and other mental health concerns.
- The SAC is available for all students and their families.
- The goal of this program is designed, not to punish students involved with drugs, alcohol, or other high risk behaviors, but rather to help them take a closer look at their lifestyle, identify negative consequences, and develop strategies that result in better decision-making.

Meetings with the SAC

Any student can request a one on one meeting in the SAC office. The SAC also runs the following groups in a confidential setting.

- Family Group
 - Adjusting to blended families
 - Coping with single parent families
- LGBTQ
 - Coming out
 - Feeling safe
- Children of Substance Abusers
 - Detach with love
 - Forgiveness
 - Coping with single parent families due to addiction and/or incarceration
- Grief and Loss
 - As needed

Mental Health Assistance Counselor (MHAC)

- Providing mental health support and referral to services is an integral part of our district's mission in promoting the well-being of each student.
- The MHAC meets with students who their mental health is keeping them from succeeding both in school and outside of school.
 - The topics discussed with students include but are not limited to anxiety, stress, depression, self-esteem, anger management and grief/loss.
 - Classroom lessons:
 - Mental Health Education
 - Healthy Communication
 - Good Character

Groups Currently Being Offered by MHAC

- **Anxiety Group**

- Lower overall anxiety
- Increase confidence in coping with anxiety/utilizing healthy coping skills

- **Anger Management Group**

- Increase ability to cope with anger in a healthy way
- Learn how to use anger in positive ways


- **G.I.R.L.S. Group**

Girls In Real Life Situations

- Increase self-esteem and resilience
- Reduce stress by developing coping strategies
- Promote the importance of positive relationship and healthy communication

Counseling Resources:



District Home | Our Schools ▾ | Translate ▾ | Faculty Sign In | Search 🔍



Highland
REGIONAL HIGH SCHOOL
Home of the Tartans

Email | Calendar | Parent Access | Menu

Home | Our School | Academics | Activities | Arts | Athletics | **Counseling** | Parents & Students



Digital Photography Class
Digital photography students had a guest speaker from Full Sail University and were engaged in a stop motion activity on iPads.

Upcoming Events

Friday, January 31
Mr. Highland
7:00 PM - 9:00 PM

Monday, February 3
National School Counseling Week
Senior Trip Payments
10:25 AM - 11:00 AM

Tuesday, February 4
National School Counseling Week
Senior Trip Payments
10:25 AM - 11:00 AM

Wednesday, February 5

Counseling Directory

2 A B C D F G H I M N O P R S T

2

- 2019-2020: Meet the Counseling Department

A

- ACT testing information
- Air Force Junior Reserve Officer Training Corps (AFJROTC)
- AP Exam information
- ASVAB (Armed Services Vocational Aptitude Battery)

B

- Bell Schedules

C

- Camden County College
- Career Clusters
- Career Exploration Program
- CLEP exams

F

- Financial Aid & Scholarship information

G

- Governor's School
- GPA - (How to calculate your GPA)
- Grade Level Monthly Checklist
- Graduation Requirements (NJ)

H

- HESAA (Higher Education Student Assistance Authority)
- Honor Roll recognition

I

- Intervention & Referral Services (I & RS)

M

- Marking Period Calendar

- NJ Student Learning Assessment - Science (NJSLA - S)

- NJ Transfer (www.njtransfer.org)

- NJSLA (formerly PARCC) Information

O

- Online Course Request

P

- PSAT/NMSQT Testing Information

R

- Registration Information

- Remind

- Request Counselor Appointment

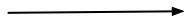
S

- SAT Testing Information

- Scheduling "How To" tutorial

School Counselors:

Email



Mrs. Alicia Kohn

akohn@bhprsd.org

(A - Cas) - ext. 4042

[Website](#)



Website

Mr. DJ Gore

dgore@bhprsd.org

(Cat - Gan) - ext. 4041

[Website](#)



Mrs. Tiffany Strauss



Counselor A. Guida

[Welcome](#)

[Calendar](#)

[Seniors](#)

[Juniors](#)

[Sophomores](#)

[Freshman](#)

Mrs. Guida

Last Names: A-Cas

email: aguida@bhprsd.org

phone: (856)227-4100 extension 4042

fax: (856)227-8422

[Request an Appointment](#)

SIGN UP FOR REMIND!

[REMIND CLASS OF 2020](#)

[REMIND CLASS OF 2021](#)

[REMIND CLASS OF 2022](#)

[REMIND CLASS OF 2023](#)

Please use the tabs on the left to keep up with important information

Mrs. Guida is an alumni of Rutgers Camden and Wilmington University





Child Study Team (CST)

(856)227-4100 x 4047



Mrs. Tanya Harper	Supervisor of Special Education	tharper@bhprsd.org	extension 4047
Christine Richards	CST secretary	crichards@bhprsd.org	X 4047
Sekini Moore	(A – HAW)	smoore@bhprsd.org	X4048
Christopher Corcoran	(HE – P) & BD	ccorcoran@bhprsd.org	X 4063
Lindsay Varga	(Out of District)	lvarga@bhprsd.org	X 4404
Carley Piniero	(Q – Z) & MD	cpiniero@bhprsd.org	X 4049

Student schedules will be determined by the case manager - in consultation with the school counselor - in accordance with the Individual Educational Plan (IEP)

Course Selection Form:

Due back at C.W. Lewis MS or Glen Landing MS appointments in January or on February 11th (tonight)

- ▶ If your child will NOT attend Highland Regional HS, we still need you to return the form indicating where the student WILL attend.
- ▶ Elective choices can change up to JUNE 15, 2020.
- ▶ The *Program of Studies* is available on our district and school websites at www.bhprsd.org/highland under Parents & Students tab.
- Students who are NOT Proficient on the Math or Language Arts section(s) of the 2020 state testing program (NJSLA) will have Math Enhancement and/or English Enhancement added to their schedule. These courses will replace their previously selected elective(s) and/or World Language. State testing results typically become available in August. Students will be notified by mail if changes should occur.



Scheduling Information



- * Honors selections will be noted on the course selection form. These recommendations are made by District Supervisors, not MS teachers or HS counselors.
- * What is used to determine your child's courses?
 - * Middle School REPORT CARDS
 - * Middle School State Assessments
 - * Current course placements
 - * IQ Scores
- * Course recommendations may change due to:
 - Grade 8 State test scores (NJSLA)
 - Final 8th grade report card grades

Air Force Junior Reserve Officer Training (AFJROTC)

Major Robert Simpson

- Served in the Air Force 20 years
- Started the JROTC program at Vineland HS, Instructor for 8 years
- B.A. in History from Rutgers University
- M.S. in History from University of Central Missouri

Master Sergeant Christopher Miller

- Served in the Air Force 20 years
- JROTC instructor at Vineland HS for 4 years
- B.S in Business Administration for American Intercontinental University
- M.S. in Administrative Justice (Homeland Security) form Wilmington University

Air Force Junior Reserve Officer Training (AFJROTC)

*Air Force Junior Reserve Officer Training Corps (AFJROTC) is a five-credit Practical Arts course offered to all high school students in our District.

*This program is designed to teach students in grades 9–12 the value of **citizenship, leadership, service to the community, personal responsibility, and a sense of accomplishment, while instilling in them self-esteem, teamwork, and self-discipline.**

*The program of instruction is based on a systematic progression of learning designed for the student's development starting at the freshman year and progressing through the senior year.

*Major units of study include: U.S. Citizenship, Leadership, Aviation History, Wellness, Fitness, and AFJROTC History.



A “typical” day



- ★ Highland Regional runs on a 4-day rotation (A-D days)
- ★ Each day, six (6) of the students eight (8) classes will meet
- ★ All students will have an OPEN lunch & learn (Tartan Time) for 45 minutes, separating the three courses in the AM and PM sessions

Students enter school at 7:15 am

Class 1 begins at 7:25 AM w/ morning announcements

Students have 4 minutes in between periods

Each instructional bell = 55 minutes

School ends = 2:01 pm



Bell Schedule



<u>Period</u>	<u>Time In</u>	<u>Time Out</u>	<u>Minutes</u>	<u>A Day</u>	<u>B Day</u>	<u>C Day</u>	<u>D Day</u>
Announcements 1st Bell	7:25 AM 7:30 AM	7:30 AM 8:25 AM	5 55	1	4	3	2
2nd Bell	8:29 AM	9:24 AM	55	2	1	4	3
3rd Bell	9:28 AM	10:23 AM	55	3	2	1	4
4th Bell	10:23 AM	11:08 AM	45	Tartan Time	Tartan Time	Tartan Time	Tartan Time
5th Bell	11:08 AM	12:03 PM	55	5	8	7	6
6th Bell	12:07 PM	1:02 PM	55	6	5	8	7
7th Bell	1:06 PM	2:01 PM	55	7	6	5	8
After School	2:01 PM	2:40 PM					
				Not 4 or 8	Not 3 or 7	Not 2 or 6	Not 1 or 5

Graduation Requirements (see pp. 12 in the POS)

Meet all NJ requirements for NJSLA and other state assessments

Students **MUST** earn 130+ credits of both required and elective courses

Successfully complete the following:

~ 4 years of English

~ 4 years of Health & Physical Education

~ 3 years of Mathematics – including Algebra I and Geometry or the content equivalent and a third year of math that builds on the concepts and skills of Algebra and Geometry

~ 3 years of Science – including at least five credits in laboratory biology/life science or the content equivalent and one additional laboratory/inquiry-based science course which shall include chemistry, environmental science, or physics

~ 2 years of US History and 1 year of World History – integration of civics, economics, geography and global content in all course offerings.

~ 1 Year of 21st Century Life and Careers, or Career Technical Education

~ 1 Year of Visual/Performing Arts

~ 1 Year of World Language

~ 1/2 year of Financial Literacy

~ 1/2 year of Career Education

Meet all provisions of District Attendance Policy #5200

*All years listed above are the **minimum** number of years required for graduation*



“Most” freshman have....



- * English (FY)**
- * World History & Cultures (FY)**
- * Mathematics (FY)**
- * Science (FY)**
- * Health/Physical Education (FY)**
- * Freshman Seminar (FY)**
- * World Language (FY)**
- * Elective(s) - a min. of one (1) for most**



Credit Requirements



**Students in grades 9, 10, & 11 must carry
35 - 40 credits (7-8 courses) per year**

Movement to Grade 10 \geq 30 Credits

Movement to Grade 11 \geq 65 Credits

Movement to Grade 12 \geq 90 Credits

Graduation \geq 130 credits



Grading System



<u>Numerical Average</u>	<u>Letter Grade</u>	<u>CP & A level "unweighted"</u>	<u>Honors/AP Courses "weighted (+1.0)"</u>
93-100	A	4.00	5.00
90-92	A-	3.67	4.67
87-89	B+	3.33	4.33
83-86	B	3.00	4.00
80-82	B-	2.67	3.67
77-79	C+	2.33	3.33
73-76	C	2.00	3.00
70-72	C-	1.67	2.67
67-69	D+	1.33	2.33
65-66	D	1.00	2.00
Below 65	F	0.00	0.00



Class Rank/GPA - (Val & Sal)



- * Grade 9 Honors selections are determined by District Supervisors as per district guidelines**
- * The maximum number of Honors classes a student can be recommended for in grades 9 and 10 is four (4) (English, Mathematics, Science and Social Studies).**
- * In most cases, future valedictorians and salutatorians have had the maximum number of AP/Honors courses in all grades.**
- * A fifth AP/Honors course should be considered both junior and senior years if becoming a valedictorian and/or salutatorian is a goal.**
- * Ranking (in accordance with Board Policy #R2624)**

Testing

NJSLA: New Jersey Student Learning Assessment - ELA, Math and Science

*Students take this online assessments in grades 9-11 and students need to meet competency levels to qualify for graduation.

PSAT: Preliminary Scholastic Aptitude Test – (Free to grades 10 & 11)

*It is important for students to take this test seriously as it may be used for placement purposes.

SAT: Scholastic Aptitude Test – (Free Spring Test For Juniors)

AP: Advanced Placement Tests – (potentially Free For Courses Offered)

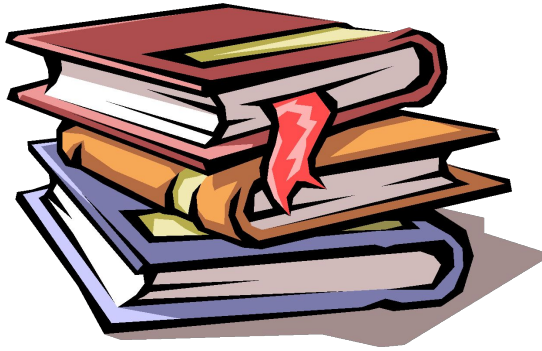
*Currently - CollegeBoard charges \$94 per test. District picks up \$44 and the student is charged \$50. If the student achieves a grade of 3, 4 or 5 (scale 1-5), the district will refund the \$50 in September of the next year.

NJSLA Assessments for the Class of 2024

- As of this evening (Feb. 11, 2020) the NJ Dept. of Education has not released the graduation assessment requirements for the current 9th graders or incoming class of 2024. Movement has been proposed that will phase out NJSLA and move towards *Next Generation* testing.
- The current pathway requirement for our 10th - 12th grade students is to pass the NJSLA ELA 10 and NJSLA Algebra I assessment with a level 4 or 5 (750+).
- Currently our upperclassmen are tested in ELA 9 and ELA 10 as well as Algebra I, Geometry and Algebra II.
- As the state updates this information for the Class of 2023 and beyond, we will update our website:

[State Assessments & Graduation Requirements](#)

ACADEMIC ELIGIBILITY



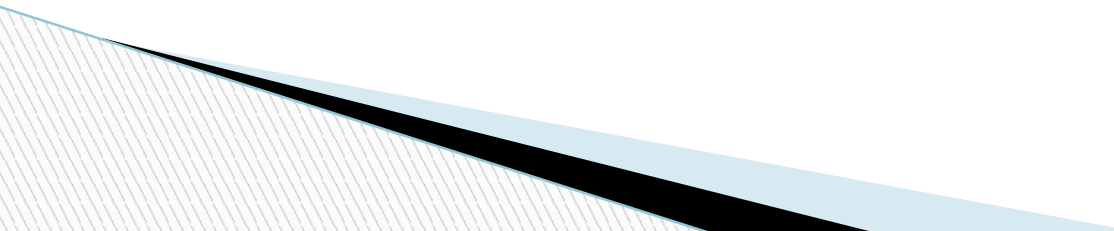
If you have any questions or concerns, please feel free to contact Mr. Frank Torcasio, Director of Athletics, at (856) 232-9703 x6007

- ▶ All incoming freshmen are academically eligible for the 1st semester, which includes both the fall & winter sports seasons.
- ▶ All students must be passing at least 15 credits to be eligible for the spring sports season.
- ▶ All students must pass at least 30 credits by September to be eligible for the next fall & winter seasons.
- ▶ All students must turn in a parent permission card as well as have a physical examination by either the school doctor or their family doctor.

Athletic Transition from 8th to 9th Grade

Athletic Director: Mr. Frank Torcasio

856-232-9703 x6007

- ▶ All forms are completed on the website for Family ID: www.familyID.com.
 - ▶ Physical forms are available on our website under the athletic tab/physical forms section.
 - ▶ The Parent-Student Athletic Handbook can be found in Family ID.
 - ▶ See our website and handout for more information on Impact Testing and Concussions – under the Athletic tab/Concussions.
- 



NAVIANCE

Colleges, Careers, About Me

- * *Naviance* is a comprehensive, easy-to use-website that you and your parents can use to help in making decisions about courses, colleges, and careers. *Naviance* is accessible from any computer, inside and outside of school, with an internet connection**
- * Just go to the Highland's Home Page, click on the Counseling Tab, and then *Naviance*. All students are provided with a password in 9th grade (typically their student ID). Both parents and students may access many of the features without a password by visiting as a guest.**

Career Education & Investment Programs

**Offered to students during Senior year*

1. **College Now** - Through a partnership with Camden County College, the College Now Program allows students to **earn college credit toward a degree or certification at a discounted tuition rate**. Students can be released in the afternoon wheel to attend college courses.
2. **Work Study and Internship** - Students can find a job or internship that interests them, that may lead them to a career in the industry, and be released from school after the morning wheel to work. Internship participants will be required to document their hours through the placement location and submit journal entries on their experience. Participating students must have a **job or internship in place by August 15th prior to their senior year**.
3. **Finishing Trades Institute** - The Finishing Trades Institute (FTI) is a partnership established to provide students an opportunity to **begin a union apprenticeship** upon graduation. These students, once a week for 18 weeks, will go to the Finishing Trades Institute in Philadelphia where they will learn job safety, drywall, paperhanging, painting and glazing.
4. **Career Investment Programs** - Also, through a partnership with Camden County College, the Career Investment Program allows students to earn a certification in one of the following areas: **Automotive Technology, Culinary Arts, or Cosmetology**. Because the programs are scheduled during the evening, these students would attend classes at HRHS in the afternoon wheel (11:08 a.m.-2:01 p.m.) and then report to their respective program afterward.

High School Is a Time of Change

Schoolwork will be more challenging!

- * Tests will be more rigorous and demanding
- * Students will be assigned more homework
- * Students will have to complete more long-term projects

Grades are very important!

- * Students need to pay attention to their studies
- * Students need to be in school and class daily

Getting organized makes a big difference!

- * Students need to know when work is due
- * Students need to hand in work on time
- * Students need to set short-term, reachable goals
- * Students need to keep an assignment notebook

Examples of healthy coping skills:

Yoga

Complete something that you have been putting off

Journaling

Go for a walk

Play with a pet

Do a word-search or crossword puzzle

Listen to music



Class of 2024

You may join any or all class groups:

- * **Remind** will allow you to receive Counseling reminders throughout the year. Messages will come from Ms. Speziali, Director of School Counseling

What is Remind and why is it safe?

- * **Remind** is a one-way text messaging and email system so all personal information remains completely confidential. We will never see your phone number and you will not see ours. Visit www.remind.com to learn more.
-

To receive messages via text:

- * Text “@hrhscou” to **81010** to subscribe. You may opt-out anytime by replying “unsubscribe”.

Twitter



@HRHSCounseling

Counselor Meet & Greet

Meet your child's school counselor after the station rotations in the following locations:

<u>School Counselor</u>	<u>Alpha Breakdown</u>	<u>Room</u>
Mrs. Guida	A - Cas	G110
Mr. Gore	Cat - Gan	G111
Mrs. Strauss	Gao - Loz	G106
Mr. Bennett	Lu - Pay	G112
Mrs. Yandach	Pe - Th	G108
Ms. Harris	Ti - Z	G113

Thank you for your involvement in your child's education! Go Tartans!